



Metz

CULINARY MANAGEMENT

LUNCH
FEBRUARY 2025



St. Coletta of Greater Washington
St. Coletta Special Education Public Charter

Monday 2/3/25	Tuesday 2/4/25	Wednesday 2/5/25	Thursday 2/6/25	Friday 2/7/25
Three Cheese Baked Chicken Ziti	Beef Soft Taco	Pizza (Cheese or Meat)	Home Style BBQ Meatballs	Super Bowl Party
Roast Beef and Swiss Melt	Black Bean Tostada	Broccoli	3 Cheese Baked Ziti	Sloppy Joes
Steamed Green Beans	Spanish Rice	Soup and Sandwich Wednesday	Mashed Potatoes	Boneless Chicken Tenders
Yellow Squash	Plantains	Chicken and Turkey Sausage Jambalaya	Green Beans	Seasoned Fries /Broccoli
Texas Garlic Toast	Vegetable Blend	Grilled Cheese	Glazed Beets	Cheese Nacho
2/10/25	2/11/25	2/12/25	2/13/25	2/14/25
Sweet Sour Chicken	Steak Quesadilla	Pizza (Cheese or Meat)	VALENTINES DAY PASTA BAR	NO SCHOOL
Hot Italian Turkey Sub	Tilapia	Broccoli	Marinara Meatballs or Vegetable Alfredo	
Vegetable Fried Rice	Spanish Rice	Soup and Sandwich Wednesday	Spaghetti	
Broccoli Stir Fry	Pinto Beans	Beef Vegetable Chili	Green Beans / Cheesy Garlic Bread	
Vegetable Egg Roll	Vegetable Blend	Grilled Cheese	Strawberry Parfait	
2/17/25	2/18/25	2/19/25	2/20/25	2/21/25
NO SCHOOL	Fajita Chicken Bowl	Pizza (Cheese or Meat)	Cheeseburger or Veggie Burger	Salisbury Steak
	Turkey Croissant	Broccoli	Black Bean Enchilada	Bird Dog Chicken Sandwich
	Cilantro Lime Rice	Soup and Sandwich Wednesday	Oven Baked Fries	Cheddar Mashed Potatoes
	Mexican Corn	Chicken and Corn Chowder	Green Beans	Roasted Squash
	Pinto Beans	Grilled Cheese	Glazed Carrots	Cabbage Medley
2/24/25	2/25/25	2/26/25	2/27/25	2/28/25
PASTA BAR	Chicken Taquito	Pizza (Cheese or Meat)	Steak and Cheese	LACK HISTORY MONTH CELEBRATIO
Beef Bolognese or Spinach Ravioli	Pulled Pork Sandwich	Broccoli	Fish Nuggets	Baked Chicken or Tilapia
Spaghetti	Cilantro Lime Rice	Soup and Sandwich Wednesday	Oven Baked Fries	Collard Greens / Black Eye Peas
Green Beans / Glazed Carrots	Mexican Corn	Hearty Beef Vegetable Chili	Brussels Sprouts	Macaroni and Cheese
Texas Garlic Toast	Pinto Beans	Grilled Cheese	Glazed Carrots	Strawberry Parfait

All Meals Include: Fresh Fruit, Apple Sauce, Garden Salad, 1% Milk & 2% Milk, Low Fat Yogurt

Grain products are at least 50% whole grain

Turkey Sandwich or Sun butter & Jelly Sandwich can be a daily substitution