



Metz

CULINARY MANAGEMENT

LUNCH

FEBRUARY 2025



St. Coletta of Greater Washington
Adult Services, Alexandria, VA

Monday	Tuesday	Wednesday	Thursday	Friday
2/3/25	2/4/25	2/5/25	2/6/25	2/7/25
Three Cheese Baked Chicken Ziti	Beef Soft Taco	Soup and Sandwich Wednesday	Home Style BBQ Meatballs	Super Bowl Party
Steamed Green Beans	Vegetable Blend	Potato Soup	Whole Grain Rice	Boneless Chicken Tenders
Texas Garlic Toast	Plantains	Grilled Cheese	Green Beans	Seasoned Fries
				Nacho Cheese or Ranch Dip for Fries
2/10/25	2/11/25	2/12/25	2/13/25	2/14/25
Sweet Sour Chicken	Steak Quesadilla	Soup and Sandwich Wednesday	Vegetable Alfredo	Love My Bag Lunch
Vegetable Fried Rice	Tots	Beef Vegetable Chili	Cheesy Garlic Bread	Cornbeef & Cheddar on Croissant
Spring Roll	Tangerines	Grilled Cheese	Strawberry Parfait	Fruit
				Individually Wrapped Cupcake
				Water
2/17/25	2/18/25	2/19/25	2/20/25	2/21/25
Adult Program Closed	Fajita Chicken Bowl	Soup and Sandwich Wednesday	Veggie Burger	Salisbury Steak
	In Bowl:	Chicken and Corn Chowder	Oven Baked Fries	Cheddar Mashed Potatoes
	Rice / Black Beans	Grilled Cheese	Jello	Cabbage Medley
	Sweet Corn			
2/24/25	2/25/25	2/26/25	2/27/25	2/28/25
Spinach Ravioli	Chicken Taquito	Soup and Sandwich Wednesday	Steak and Cheese	LACK HISTORY MONTH CELEBRATIO
Glazed Carrots	Cilantro Lime Rice	Broccoli & Cheese Soup	Sweet Potato Fries	Baked Chicken
Texas Garlic Toast	Mexican Corn	Grilled Cheese		Collard Greens
				Macaroni and Cheese
				Sliced Sweet Potato Pie

All Meals Include: Fruit Choice & Refreshing Water
Grain products are at least 50% whole grain